

THE DARK SECRET LIFE OF DJ AM



# Life & Style WEEKLY

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BODYNEWS

## Cellulite: Fact or fiction

Experts tell *Life & Style* the truths — and the myths — about annoying skin dimples



CINDY CRAWFORD

It's possible to get rid of cellulite entirely. **FICTION!**

"I have cellulite," says Cindy Crawford, 43. "But sometimes I just say, 'Screw it. I'm going to wear a bikini.'" For most women (even Cindy), once lumps appear, they're there for good. But while cellulite — which is caused by a weakening of skin's connective tissue — can never be completely eliminated, newer methods of liposuction that use ultrasound or laser technology can help, says New Jersey-based plastic surgeon **Dr. Brian S. Glatt.**



48 SEPTEMBER 14, 2009

**PHOTOS!**

## Inside Milah's world

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